



**National Webinar  
on**

**"Post Covid 19 Health Management  
through Yoga, Naturopathy and  
Alternative Medicine"**

**Date: 25th June 2021  
2 pm onwards**

**Platform: To be streamed Live on  
Youtube via StreamYard**

**Jointly Organised By  
Department of Physical Education  
Netaji Subhas Mahavidyalaya Udaipur  
Gomati, Tripura  
&  
NCC Units of NSM**



**PATRON**

**Sri N C Sharma  
Director,  
Higher Education  
Govt. of Tripura**

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**Resource Persons:**

**Dr. Navdeep Joshi** (A.P. Lal Bahadur  
Shashtri Central University New Delhi)  
International NAD YOGA GURU.



**Dr. Ashok kr. Mishra** Ex Member  
World Acupressure/Acupuncture  
Associate Specialist Naturopathy  
Varanasi Uttar Pradesh.



**Dr. Satyendra kr. Mishra**  
Faculty member, Yoga and Alternative  
Medicine, University of Lucknow,  
Uttar Pradesh.

**FREE REGISTRATION LINK**

**<https://forms.gle/Lfj4tK28om6LSLLH8>**

- After registration please join WhatsApp group for further communication (Joining link will be available just after submission of registration form).
- E-Certificate will be provided to the registered participants only who will attend all the lectures and submit the feedback form at the end.